

Food around the world

Worksheet 1

1. Imagine you are having visitors from England. What dishes would you serve them to introduce them to Polish cuisine? Why?
2. Look at the dishes below and in pairs decide what country they come from. Can you name the main ingredients ? Have you tried any of them ?

DISH	COUNTRY	WHAT IS IT?
Ratatouille		
Paella		
Spaghetti carbonara		
Tikka masala		
Poutine		
Sushi		
Mole		

3. Do you think we eat differently around the world? What is a typical breakfast in England like and what is a typical breakfast in Poland like? Do you think dinner in Kenia is different than dinner in Germany? Discuss in pairs.
4. Go to <http://time.com/8515/hungry-planet-what-the-world-eats> and look at the photos of families and their food .
 - Who spends the most on their food?
 - Who consumes the most food?
 - Who consumes the most processed food?
 - Who eats wholesome, natural and local food?
 - Which family has the healthiest diet?
 - Which family has the most varied diet?
 - Which family has the most monotonous diet?
 - Are you surprised by anything in the photos?
 - What would a photo of your family show?
 - Do you think that all the food in the pictures gets eaten ?

Food around the world

Worksheet 1

5. There are strange dishes in all countries. The British have many dishes with very strange names. In pairs go online and find what these dishes are:

- toad in the hole
- bubble and squeak
- spotted dick
- Welsh rabbit
- pigs in blankets
- bangers and mash
- stinking bishop
- devils on horseback